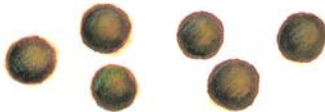








THE BRISTOL STOOL FORM SCALE (for children)  
**choose your**

# POO!

type <b>1</b>		looks like: <b>rabbit droppings</b> Separate hard lumps, like nuts (hard to pass)
type <b>2</b>		looks like: <b>bunch of grapes</b> Sausage-shaped but lumpy
type <b>3</b>		looks like: <b>corn on cob</b> Like a sausage but with cracks on its surface
type <b>4</b>		looks like: <b>sausage</b> Like a sausage or snake, smooth and soft
type <b>5</b>		looks like: <b>chicken nuggets</b> Soft blobs with clear-cut edges (passed easily)
type <b>6</b>		looks like: <b>porridge</b> Fluffy pieces with ragged edges, a mushy stool
type <b>7</b>		looks like: <b>gravy</b> Watery, no solid pieces ENTIRELY LIQUID

The only licensed oral treatment for chronic constipation in children over 2 years old and faecal impaction in those over 5 years old.

## Constipation

Adjust dose according to response

2-6 years = 1 sachet per day

7-11 years = 2 sachets per day

## Faecal impaction

Age	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
	number of Movicol Paediatric Plain sachets						
5-11	4	6	8	10	12	12	12

Some patients do suffer from nausea and vomiting occasionally. However this does not prevent treatment being continued to a successful conclusion and may be resolved if the subsequent dose is reduced or delayed.

**Highly effective** in treating faecal impaction and constipation<sup>1,2</sup>

No significant changes to hydration or serum electrolytes<sup>1</sup>

Clinically **superior** to lactulose in maintaining bowel movement<sup>1</sup>

Flavour and sweetener free – just add fruit squash to taste

Dosage

# MOVICOL® Paediatric Plain

macrogol 3350, sodium bicarbonate, sodium chloride, potassium chloride Plain

#### References

1. Data on file. (Candy DCA I and II).
2. Vincent R, Candy DCA. Gastroenterol Today 2001;11(2):50-52.

**MOVICOL Paediatric Plain Abbreviated prescribing information. REFER TO FULL SUMMARY OF PRODUCT CHARACTERISTICS (SmPC) BEFORE PRESCRIBING. PRESENTATION:** Sachet of powder, which dissolves in about 62.5 ml (approximately ¼ glassful) of water. Each sachet contains: 6.563g macrogol 3350, 89.3mg sodium bicarbonate, 175.4mg sodium chloride and 25.1mg potassium chloride. Does not contain flavourings or sweeteners. **USES:** For the treatment of chronic constipation and prevention of re-impaction in children aged 2-11 years. For the treatment of faecal impaction in children from the age of 5-11 years. **DOSAGE: Chronic constipation:** The usual starting dose is 1 sachet daily for children aged 2-6 years, and 2 sachets daily for children aged 7-11 years. The dose should be adjusted up or down as required to produce regular soft stools. The maximum dose needed does not normally exceed 4 sachets a day. **Faecal impaction:** Escalating dose regimen starting with 4 sachets/day for children aged 5-11 years. Refer to Summary of Product Characteristics (SmPC) for full dosing recommendations. For patients of 12

years and older it is recommended that Movicol is used. Not recommended in children with cardiovascular impairment or renal insufficiency. **CONTRA-INDICATIONS, WARNINGS etc Contra-indications:** Intestinal perforation or obstruction due to structural or functional disorders of the gut wall, ileus and severe inflammatory conditions of the intestinal tract, such as Crohn's disease, ulcerative colitis and toxic megacolon. Hypersensitivity to polyethylene glycol (macrogol), or any of the excipients. **Special Warnings, Precautions:** Symptoms indicating fluid/electrolyte shift. Not recommended in pregnancy and lactation. **Undesirable effects:** Abdominal distension and pain, borborygmi, nausea and rarely allergic reactions. Mild diarrhoea, perianal inflammation and soreness. Mild vomiting in children treated for faecal impaction, which may be resolved if the subsequent dose is reduced or delayed. **LEGAL CATEGORY:** POM. **COST:** 30 sachets: £4.63. **MARKETING AUTHORISATION NUMBER:** PL 00322/0083. © MOVICOL is a registered trademark of Norgine Ltd. Date of preparation: August 2005. MO/05/0629.



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